Against the backdrop of green Tennessee, the sporting life runs the recreational gamut.

In every season Tennessee offers ample opportunities to enjoy the world of outdoor sports. Hear the wind on a mountain trail; churn the Ocoee waters; follow the pioneers through Cumberland Gap; gallop through Great Smoky Mountains; paddle the calm waters of Reelfoot Lake. Cast your line into some of the country’s best fishing holes or get moving on our greenways. Golf your way across the state. Cheer for the home team or be part of the excitement when engines are racing.

TEAM SPORTS

Put on that team jersey and let the cheering crowd carry you along. Pro football, basketball, baseball and hockey provide year-round fun. Our collegiate teams paint your game face in shades of orange, blue and red. Better yet, cheer the next generation on a youth sports team.

Hit a home run with your family when you take them all out to the ballgame. With nine minor league baseball teams blanketing the state, there’s no better way to enjoy a summer night than in one of Tennessee’s ballparks.

At Tennessee pro hockey games, join in the fun of special events and promotions that range from Star Wars nights to fundraising drives. Be part of the NBA action with the Memphis Grizzlies. For football fans, the Tennessee Titans have become one of the most exciting franchises in the NFL.

Large universities and small colleges throughout the state keep fans cheering, from the eight-time NCAA basketball champion Lady Vols to multiple conference champions in small college sports. We have the teams to start you cheering.

Nashville Predators
Exciting hockey action in downtown Nashville.
http://www.tnvacation.com/vendors/nashville_predators/

Nashville Sounds
A Triple-A baseball team offering great family entertainment.
http://www.tnvacation.com/vendors/nashville_sounds_baseball_club

Memphis Grizzlies
The Grizzlies are a source of sports excitement in Memphis.
http://www.tnvacation.com/vendors/the_memphis_grizzlies_fedexforum/

Tennessee Titans
Since moving to Nashville in 1998, the Titans have made a habit of winning, with six playoff appearances, four division championships, an AFC championship and a Super Bowl.
http://www.tnvacation.com/vendors/tennessee_titans/

Tennessee Sports Hall of Fame and Museum
State-of-the-art 7,500-square foot interactive facility, chronicling the history of sports in Tennessee from the early 1800s to contemporary stars.
http://www.tnvacation.com/vendors/tennessee_sports_hall_of_fame_and_museum/
Tennessee Volunteers, Knoxville
The Tennessee Volunteers and Lady Volunteers fire up fans of college sports at the University of Tennessee.
http://www.tnvacation.com/vendors/university-of-tennessee-sports/

Vanderbilt Commodores, Nashville
Vanderbilt is a charter member of the Southeastern Conference and is the conference's only private school. The university fields six men's and nine women's intercollegiate teams.
http://www.tnvacation.com/vendors/vanderbilt-university/

Memphis Tigers
The Memphis Tigers represent the University of Memphis in Division I of the NCAA.
http://www.tnvacation.com/university-of-memphis/

Knoxville Ice Bears
Fast-paced action, special events, fan participation, prizes and family fun. Fans of every age enjoy the non-stop excitement of Ice Bears hockey.
http://tnvacation.com/vendors/knoxville-ice-bears/

Bristol Motor Speedway
Two of the premier facilities on the NASCAR and NHRA circuits and home to popular Winston Cup events.
http://www.tnvacation.com/vendors/bristol_motor_speedway_dragway/

Great River Road Raceway, Dyersburg
A one-eighth-mile track and adjacent motocross park.

Coal Creek OHV
Over 72,000 acres on Windrock and surrounding mountains, one of the largest OHV areas in the country with 250 miles of trails.
http://www.tnvacation.com/vendors/coal_creek_ohv/

Music City Raceway, Nashville
Championship NHRA drag racing at Music City Raceway has been providing high speed thrills since 1958.
http://www.tnvacation.com/vendors/music_city_raceway/

Memphis International Raceway
Three complete tracks, including a high-performance road course, historic drag strip and tri-oval.
http://www.tnvacation.com/vendors/memphis-international-raceway/

MOTOR SPORTS

Fasten your seatbelt. Start your engines. More than 45 raceways host events on tracks like the Nashville Super Speedway, Memphis Motorsports Park and world-famous Bristol Motor Speedway. Lane Motor Museum in Nashville boasts unusual and foreign cars, while NASCAR Speedpark in Sevierville puts you behind the wheel on a winding go-cart track.

Prefer the scenic route? Spin your wheels on Tennessee’s gorgeous driving routes, including the Cherohala Skyway, Devil’s Triangle or notorious Tail of the Dragon. Head for one of Tennessee’s spectacular off-road areas, with thousands of miles of fun for every 4x4, ATV, UTV, Jeep, rock crawler, rail buggy or mountain bike.

Get Your Motor Running at One of These Venues

Bristol Motor Speedway
Two of the premier facilities on the NASCAR and NHRA circuits and home to popular Winston Cup events.
http://www.tnvacation.com/vendors/bristol_motor_speedway_dragway/

Great River Road Raceway, Dyersburg
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http://www.tnvacation.com/vendors/coal_creek_ohv/

Tail of the Dragon, Deals Gap
The Tail of the Dragon, with 318 curves in 11 miles, is America’s number one motorcycle and sports car road.

Music City Raceway, Nashville
Championship NHRA drag racing at Music City Raceway has been providing high speed thrills since 1958.
http://www.tnvacation.com/vendors/music_city_raceway/

Memphis International Raceway
Three complete tracks, including a high-performance road course, historic drag strip and tri-oval.
http://www.tnvacation.com/vendors/memphis-international-raceway/
Cherohala Skyway, Tellico Plains
Treat yourself to sprawling views of the Great Smoky Mountains to the northeast and the Tennessee River Valley to the west.
http://www.tnvacation.com/vendors/cherohala-skyway/

Lane Motor Museum, Nashville
Approximately 150 cars and motorcycles not typically seen in the U.S.
http://www.tnvacation.com/vendors/lane_motor_museum/

GOLF

Grab some friends, add woods and irons and enjoy the challenge. Sliced shots, missed putts and mulligans are all more fun in Tennessee’s golf paradise, with courses designed by the best, including Jack Nicklaus, Greg Norman, Pete Dye and even the great Donald Ross.

Rarity Bay on Tellico Lake is ranked one of “America’s Top 100 Golf Communities” by Travel and Leisure Golf, with an 18-hole course, water sports, an equestrian center and Smoky Mountain views. In Nashville, enjoy a round at Gaylord Springs Golf Links, carved from the banks of the Cumberland River. The Tennessee Golf Trail and the Bear Trace feature state park courses.

Tennessee is the Place to Tee Up for a Great Time, Any Time

Baneberry Golf & Resort
Guests stay in villas or efficiencies overlooking the golf course, the lake and the Great Smoky Mountains.
http://www.tnvacation.com/vendors/baneberry_golf_resort/

Dyersburg Municipal Golf Course
Excellent grounds and challenges, no matter your skill level. Water on four holes; a fantastic finishing hole.
http://www.tnvacation.com/vendors/dyersburg_municipal_golf_course/

Warrior’s Path State Park Golf Course on the Tennessee Golf Trail, Kingsport
Designed by George Cobb with bent grass greens and Bermuda fairways on the shores of Fort Patrick Henry Lake.
http://www.tnvacation.com/vendors/warriors_path_state_park_golf_course_on_the_tennessee_golf_trail

Buffalo Valley Golf Club
Long regarded as one of the most scenic and challenging golf courses in the area.
http://www.tnvacation.com/vendors/buffalo_valley_golf_club/

Rarity Bay Golf and Country Club
This championship course with bent grass greens combines harmony, balance and the rhythm of the land.
http://www.tnvacation.com/vendors/rarity_bay_golf_and_country_club/

Tennessee Golf Trail at Pickwick Landing
A very narrow course, winding through large trees with bent grass greens and Bermuda fairways. Three stars from Golf Digest in the Places to Play category.
http://www.tnvacation.com/vendors/tennessee_golf_trail_at_pickwick_landing/

Blackberry Ridge, Shelbyville
Links-style course with very plush greens and interesting hole features.
http://www.tnvacation.com/vendors/blackberry_ridge/

Champions Run Golf Course, Rockvale
An 18-hole championship golf course with full driving range and practice area.
www.tnvacation.com/vendors/champions_run_golf_course/
OUTDOOR SPORTS

Tennessee is home to breathtaking wildernesses: cliffs, canyons, lush canopies and cold, clear plunge pools, award-winning state parks and the beloved Smokies. Thrill to our great outdoors, from wildlife areas to impressive greenways. Explore the mighty Mississippi. Play all day in our lakes.

Hit a different kind of trail. Choose Nashville’s Trace or eastern Sunny Side Trail, with scenic spots and outdoor adventure along beautiful backroads. Take in spectacular waterfalls, spilling from the Highland Rim, or paddle pastoral rivers. Scale the wonderfully wild Cumberland Plateau.

Gallop on horseback, lead a llama, glide through pristine mountains on a float trip, find a serene swimming spot. Cruise marinas, shoot the rapids through spectacular river gorges, fly fish in a refreshing stream. Get up early for the sunrise, and watch nature unfold in Tennessee.

WATER SPORTS

With more than 50 rivers and countless lakes, Tennessee presents the perfect playground for every water sports enthusiast. Wet a line in a rushing mountain brook or float down a peaceful stream. Kayak the rapids or swing from a tree into a placid lake.

Enjoy lunch at a beautiful marina or spend the night on a quiet houseboat. Take a nature cruise, ride a paddleboat, or zip across the water on skis.

With Endless Opportunities for Water Sports, Here are a Few Spots to Try

Dale Hollow Lake, Byrdstown
Experience unspoiled, scenic beauty of 620 miles of undeveloped shoreline and spring-fed waters in the Highland Rim.

Ocoee Adventure Center, Copperhill
Adventure is what the Ocoee Adventure Center does best, with Ocoee River raft trips; kayaking, mountain biking and hiking.
http://www.tnvacation.com/vendors/ocoee_adventure_center/

Watts Bar Lake, Kingston
One of the south’s largest lakes, covering 39,000 acres.
http://www.tnvacation.com/vendors/watts_bar_lake/

Smoky Mountain Outdoors, Gatlinburg
The Pigeon River, located in the heart of the Smoky Mountains just a short drive from Gatlinburg, Pigeon Forge, and Maggie Valley offers breathtaking scenery and heart-stopping thrills!
http://www.tnvacation.com/vendors/smoky-mountain-outdoors/
FISHING

Fast-running mountain streams filled with trout, peaceful lakes swimming with bass and bream, rivers alive with fish of all kinds. These are the Tennessee treats in store for fishermen. Watch the pros lure big wins at big-time fishing tournaments. Shake hands with some of the best angling anywhere—striper, bream, catfish, trout, perch, walleye, crappie and more—on authentic and diverse Tennessee waterways. The hardest thing about Tennessee fishing is deciding where to start.

Wet a Line in One of Countless Lakes and Rivers

**French Broad Blueway, Adams**
A vital habitat for wildlife. Enjoy your paddle and help protect the resources through “Leave No Trace” principles.
http://www.tnvacation.com/vendors/french_broad_blueway/

**Indian Creek Canoe Rental and Campground, Olivehill**
An out-of-the-way sanctuary for canoeing, kayaking and tubing.
http://www.tnvacation.com/vendors/indian_creek_canoe_rental_and_campground/

**J. Percy Priest Lake, Nashville**
A variety of outdoor recreation to over 5,000,000 visitors each year. Fishing, camping, boating, canoeing, swimming, skiing, hiking, horseback riding, and much more.
http://tnvacation.com/vendors/j_percy_priest_lake/

**Center Hill Lake, Smithville**
Many fish attractors and brush piles throughout the lake. An excellent spot for smallmouth and largemouth bass, striped bass (white bass), catfish, bluegill, and walleye.
http://tnvacation.com/vendors/center_hill_lake/

**Douglas Lake, Dandridge**
Renowned for largemouth bass and crappie; good for white bass, sauger, black crappie, bass, walleye, blue cat, catfish, red horse, red breast sunfish and bluegill.
http://www.tnvacation.com/vendors/douglas_lake/

**Reelfoot Lake, Tiptonville**
Tennessee’s only large naturally formed lake was created in 1811 by the New Madrid earthquakes. Large cypress, eagles and other waterfowl add interest to the fishing enjoyment.
http://www.tnvacation.com/vendors/reelfoot_lake/

**Kentucky Lake, Paris**
The largest TVA reservoir, more than 184 miles long with 2,380 feet of shoreline.
http://tnvacation.com/vendors/kentucky_lake/

**Chickamauga Lake, Chattanooga**
Chickamauga Reservoir, with 810 miles of shoreline, has 35,400 square acres of surface area.
https://tnvacation.com/vendors/chickamauga_lake/

**Clinch River, Norris**
A challenging river to fly fish, demanding a stealthy approach. The tail water is 13 miles, flowing from Norris Dam through a beautiful pastoral setting.
http://www.tnvacation.com/vendors/clinch_river/
CYCLING

Cycling in Tennessee means fantastic vistas for leisurely riders and long-distance cyclists alike. With the highest elevation in Tennessee at 6,643 feet and the lowest point at 178 feet, our varied terrain will keep you guessing.

The Mississippi River Trail runs 185 miles from wildlife-rich Reelfoot Lake to Memphis. Ride along the Highland Rim. The scenic roads around Lake Watauga are among the best mountain biking routes in the country. Try bike paths at Chickasaw State Park and mountain trails on the Natchez Trace. Run through woods filled with wildlife in David Crockett State Park and Fall Creek Falls. Booker T. Washington State Park’s six-mile loop features both long uphill climbs and fast downhills.

Off-road biking is allowed in Great Smoky Mountains National Park in several spots. The tranquil Cades Cove Loop encourages bikers, and rentals are available. Along the way, take in churches, pioneer cabins, and other historic structures.

Relish New Sights as You Cycle Tennessee

Cades Cove Loop, Townsend
The Great Smoky Mountains are a wild sanctuary preserving the world’s finest examples of temperate deciduous forest and cultural history.
http://tnvacation.com/vendors/cades-cove/

Chickasaw State Park, Henderson
A hiking trail, playgrounds, ballfield, tennis, basketball, archery, horseshoes, volleyball. Many visitors bring their horses to explore more than 50 miles of roads and trails.
http://www.tnvacation.com/vendors/chickasaw_state_park/

David Crockett State Park, Lawrenceburg
A full range of recreational facilities and activities, including swimming, hiking, tennis, archery and fantastic cycling.
http://tnvacation.com/vendors/david_crockett_state_park/

Mississippi River Trail, Memphis
This road/bike trail follows paved highways the entire length of the river from Minnesota to New Orleans, through the rolling alluvial countryside of West Tennessee.
http://www.tnvacation.com/vendors/mississippi-river-trail/

EQUESTRIAN

Tennessee is horse country! Bring your own or borrow ours. Make it a family adventure with trail rides through mountain ridges and peaceful valleys, by waterfalls and rivers. Explore magnificent parks like Big South Fork National River and Recreation Area, with over 180 miles of horse trails. Watch horse and rider sail over beautiful fences at Brownland Autumn Classic, tailgate at the Iroquois Steeplechase or see Tennessee’s native breed at the annual Tennessee Walking Horse National Celebration.
**Saddle Up for Sightseeing From a New Perspective**

**David Crockett State Park, Lawrenceburg**
A full range of recreational facilities, and activities, including swimming, hiking, tennis, softball, volleyball, basketball, archery and fantastic cycling.
http://tnvacation.com/vendors/david_crockett_state_park/

**Natchez Trace Equestrian Center, Wildersville**
Stretch your legs on your travels. Overnight boarding or trail rides on gentle horses.
http://www.tnvacation.com/vendors/natchez_trace_equestrian_center/

**Buffalo Valley Trail Ride, Waynesboro**
Miles of picturesque trails. Peaceful camping and riding.
http://www.tnvacation.com/vendors/buffalo_river_trail_ride/

**Big South Fork National River and Recreation Area, Jamestown, Oneida**
Ride hundreds of miles of trails that are well maintained and lead to overlooks, caves, rivers, bridges and many more surprises.

**Tennessee Guest Ranch, Dunlap**
In the hills of Sequatchie Valley just outside of Chattanooga, immerse yourself in learning about horses and improving equestrian skills.
http://www.tnvacation.com/vendors/a_tennessee_guest_ranch/

**Frozen Head State Natural Area, Wartburg**
Frozen Head is one of the highest peaks in the Great Smoky Mountains, with spectacular scenery.
http://www.tnvacation.com/vendors/frozen_head_state_natural_area/

**Tennessee Walking Horse Celebration Grounds, Shelbyville**

**Chickasaw State Park, Henderson**
Bring your own horse or borrow ours. Explore more than 50 miles of roads and trails.
http://www.tnvacation.com/vendors/chickasaw_state_park/

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**WINTER SPORTS**

Swap boots for skis and glide down the mountain, or lace up skates and take to the ice. For fans in the crowd, Tennessee has the sporting event for you--basketball, hockey, even curling! Warm your inner child with an exhilarating sledding excursion or find your twinkle toes on a seasonal skating rink. Gather friends and family for an exciting hockey game. Take a seat on the lift and ride to the top of Ober Gatlinburg—enjoy fantastic views on the way up and a great ride down.

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**Try a Few of These Hot Spots for Cold Weather Fun**

**Great Smoky Mountains National Park**
World renowned for its diversity of plant and animal life, the beauty of its ancient mountains, and its remnants of mountain culture, this is America's most visited national park.
http://tnvacation.com/vendors/great_smoky_mountains_national_park

**Ice Chalet, Knoxville**
Public skating sessions, group and private lessons for all ages, synchronized skating, hockey lessons and competition, curling, skating club.
http://tnvacation.com/vendors/ice-chalet/
Reelfoot Lake, Tiptonville
Each winter numerous species of waterfowl, wading birds and other waterbirds arrive. Eagle tours.
http://tnvacation.com/vendors/reelfoot-lake

Centennial Sportsplex, Nashville
Two full-size ice rinks, with two perfectly smooth ice sheets.
http://www.tnvacation.com/vendors/ice-skating-at-centennial-sportsplex/

Strike & Spare Family Fun Center, Hendersonville
Bowling, bumper cars, virtual coaster, ice skating, laser tag, pool tables and bar.
http://www.tnvacation.com/vendors/strike_spare_family_fun_center/

Icearium at Cool Sports, Knoxville
Ice Skating, Skating Lessons, Ice Hockey and more.
http://www.tnvacation.com/vendors/icearium-at-cool-sports/

Prentice Cooper State Forest, Whitwell
State forest and wildlife management area on the Tennessee River Gorge. Hunting, hiking, horseback riding, biking, climbing, 35 miles of hiking trails.
http://www.tnvacation.com/vendors/prentice_cooper_state_forest/

Cheatham WMA Firing and Archery Range, Nashville

Hunting and Shooting

When you want to hit the bullseye, set your sights on Tennessee. Whether you are an archery buff, skeet shooter or avid hunter, the game is afoot in Tennessee. Escape to rolling hills, crisp blue skies and thick forests. Tennessee is the perfect retreat for a hunter seeking a fantastic day outdoors. Visit a spectacular wildlife preserve or take a weekend at one of the many hunting lodges in the state.

Hunting lands, waterways and undeveloped shoreline afford vast acres teeming with game for Tennessee's hunters. Among prime hunting opportunities are Big South Fork National River and Recreation Area, Tims Ford State Park and several national wildlife refuges—Chickasaw, Cross Creeks, Lower Hatchie, Reelfoot, Lake Isom and Tennessee National Wildlife Refuge.

Field trials are full of amazing breeds showing off their skills. Witness these amazing retrieving, pointing and flushing dogs competing for high stakes, and learn more about breeds and the sport while enjoying a great day outdoors.

Clay pigeons are fast, unpredictable and promise to keep you firing until you hear the last one shatter. Prefer a target that sits still? Plan a day at one of Tennessee's many rifle ranges or spend the afternoon perfecting your archery skills.

Ames Plantation, Grand Junction
Ames conducts agricultural research to benefit the University of Tennessee and provides a venue for the National Championship for field trailing bird dogs.
http://tnvacation.com/vendors/ames_plantation/

National Bird Dog Museum, Field Trial Hall of Fame & Wildlife Heritage Center, Grand Junction
A unique museum for preserving the past and protecting the future of sporting dog breeds and related field trial events across America and worldwide.

Eagle’s Wings Archery, Lenoir City
Indoor and outdoor archery ranges, pro shop, lessons.
http://www.tnvacation.com/vendors/eagles_wings_archery/

Prentice Cooper State Forest, Whitwell
State forest and wildlife management area on the Tennessee River Gorge. Hunting, hiking, horseback riding, biking, climbing, 35 miles of hiking trails.
http://www.tnvacation.com/vendors/prentice_cooper_state_forest/
Tennessee National Wildlife Refuge, Camden
Tennessee National Wildlife Refuge has more than 50,000 acres on Kentucky Lake in Northwest Tennessee, managed by the U. S. Fish & Wildlife Service.
http://www.tnvacation.com/vendors/tennessee_national_wildlife_refuge/

Montgomery County Shooting Complex, Southside
Pistol range, short and long rifle range, trap stations, skeet and archery ranges.
http://www.tnvacation.com/vendors/montgomery-county-shooting-complex/

Great Smoky Mountains National Park, Townsend
The granddaddy of all hiking places, the most visited national park is a treasure trove for hikers.
http://www.tnvacation.com/vendors/great_smoky_mountains_national_park/

Bledsoe State Park, Gallatin
This 164-acre park sits on the Bledsoe Creek embayment of the U.S. Corps of Engineers Old Hickory Reservoir near the 1780s settlement of Cairo in Sumner County.
http://www.tnvacation.com/vendors/bledsoe_creek_state_park/

Pickwick Landing State Park, Pickwick Dam
Excellent fishing, boating, swimming and a marina; campsites, cabins, and a modern 119-room inn and excellent restaurant; a challenging championship course; 1,400 acres of forested hills and hollows; a 2.8 mile trail to explore and enjoy the wildlife.
http://tnvacation.com/vendors/pickwick_landing_state_park/

Cumberland Trail State Scenic Trail, Lake City
The Cumberland Trail wanders among the spectacular vistas of the Cumberland Mountains.
http://www.tnvacation.com/vendors/cumberland_trail_state_scenic_trail/

Big Ridge State Park, Maynardville
Big Ridge offers diversity in 15 miles of year-round trails with ridges, verdant hollows, lakeshores, remnants of early settlements and spring wildflowers.
http://tnvacation.com/vendors/big_ridge_state_park/

Cedars of Lebanon State Park, Lebanon
With 117 year-round campsites, picnic tables and grills, electric and water hookups, 30 tent and pop-up sites, the park has much to offer the camping enthusiast.

Foster Falls, Sequatchie
A TVA public facility featuring 28 primitive campsites, picnic shelters and hiking trails.
http://www.tnvacation.com/vendors/foster_falls/

Natchez Trace State Park, Wildersville
The park has 208 campsites and five camping cabins with tables, grills, water and electricity and bathhouses. Backcountry camping and Bucksnort Wrangler Camp with 62 campsites.
http://tnvacation.com/vendors/natchez_trace_state_park/

Hiking and Climbing

Invest in astounding sights. Tackle the Appalachian Trail. Pit your strength against gentle giants such as Clingmans Dome, Chimney Tops and Abram’s Falls. The lake trail at Standing Stone State Park is brilliantly abloom in spring. Glimpse an early morning great blue heron on a shoreline hike. Trek the six-mile loop in T.O. Fuller State Park, with historic Chucalissa Indian Village and wetlands as a bonus.

Our Lush Landscapes Offer Endless Opportunity for Avid Hikers
Go online to the photo gallery and download the high resolution image.